



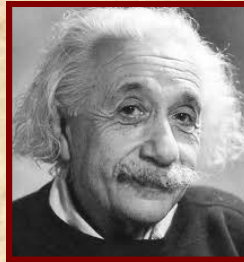
THE SACRED AERIE

FREE SPIRIT **MESSAGES**



*An Uplifting Wind
Beneath Your Wings
To Carry You Through
These Challenging Times!*

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" EINSTEIN KNEW "

The two most effective of all human fears that prevent the development of one's potential are the fear of failure and the fear of success.

How many times does the letter "F" appear in the statement above?

****(Make a note of this # before you scroll down)***

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This is a risky issue. In fact, it may well cost me a few *FREE SPIRIT* subscribers if it challenges their *truth* just a little too much. That's okay...

Making sure everyone *stays comfortable* all the time has never been our sacred assignment. We are here to stretch and grow and learn as much as we can, sharing the wonders we discover with others who are also willing to look *outside the box*.

I learned this "out of the blue" several decades ago, when I received an unexpected long-distance phone call from an absolute stranger, a wise dentist from Texas. I was a regular on the national dental lecture circuit back then, teaching some avant-garde "non-surgical" periodontal therapies that worked like a charm— far more effective techniques than I'd ever learned in dental school. But because I dared to challenge the existing paradigm of "how we treat gum disease," I became intensely unpopular in some circles and never knew when the next professional heckler would be planted in my audience to intentionally disrupt the seminar. Apparently, this Texan dentist had just witnessed one of these nasty blind-sided intellectual assaults.

"*You go, girl!*" were the first words out of his mouth. He introduced himself then, offering some sage advice:

"You're going to take plenty of arrows in the back, Teryl— pioneers always do. Don't you worry about it, girl. Just remember... you're not contributing anything of real value unless you piss a few people off."

I've never forgotten his *colorful* and timely message, nor the enormous courage it often requires to be a genuine truth-seeker and a true Spiritual Warrior.

Albert Einstein knew this territory very well...

"Great Spirits have always encountered violent opposition from mediocre minds."

— Einstein

We are all Great Spirits... if we allow ourselves to be!

Now how many "Fs" did you count?

Actually, there are **10** "Fs" in the statement. Don't freak out, hardly anyone gets this right.

If you missed an "F," it's likely hidden in one of the four words, "of." The "F" in this word does NOT fulfill both of our usual paradigm expectations:

1. "F" has a particular *shape*
2. "F" has a particular *sound* ("fffff" as in fish)

In this statement, however, only 6 of the 10 "Fs" meet both of these criteria. The "F" in the word "of " makes a "V" sound, so we can't see it. We are *paradigm blind* to its presence, even though it's *right in front of our eyes!*

What else are we missing in this miraculous world simply because our paradigm filters are on *too tight*? Nothing but a magical life...

**May this humble offering inspire
The Extraordinary Being
You *already* are...**

Warm Blessings,
Teryl "T" Johansson

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