



**THE SACRED AERIE**

# *FREE SPIRIT*

## **MESSAGES**



*An Uplifting Wind  
Beneath Your Wings  
To Carry You Through  
These Challenging Times!*

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## **"SHOULDERS OF GIANTS"**



*My first Giant was my Dad.  
I've met a lot of Giants since then...*

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*“If I have seen further than others,  
it is by standing upon the shoulders of giants.”*

— Sir Isaac Newton

## **WHO ARE YOUR “GIANTS?”**

True greatness wears the cloak of sincere humility. When we recognize and respect those who have lifted us up, even in some small measure shown us the way, then we have grown an inch or two in stature. With plenty of gratitude to keep us humble, and a willingness to help others— *who knows?* — perhaps one day we will become someone else’s “giant.”

May this humble offering inspire  
The Extraordinary Being  
*You already are...*

Many Blessings,  
Teryl “T” Johansson



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