



THE SACRED AERIE

FREE SPIRIT **MESSAGES**



*An Uplifting Wind
Beneath Your Wings
To Carry You Through
These Challenging Times!*

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Black Elk, Oglala Holy Man

CIRCLES

**Everything an Indian does is in a circle,
and that is because the Power of the World
always works in circles, and everything
tries to be round.**

**The sky is round
and the earth is round like a ball,
and so are all the stars.
The wind, in its greatest power, whirls.
Birds make their nests in circles,
for theirs is the same religion as ours.**

**The sun comes forth
and goes down again in a circle.
The moon does the same, and both are round.
Even the seasons form a great circle in their changing,
and always come back again to where they were.**

**The life of a man is a circle
from childhood to childhood, and so it is
in everything where power moves.**

— Black Elk

May this humble offering inspire
The Extraordinary Being
You *already* are...

Many Blessings,
Teryl "T" Johansson

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