



THE SACRED AERIE

FREE SPIRIT **MESSAGES**



*An Uplifting Wind
Beneath Your Wings
To Carry You Through
These Challenging Times!*

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ZEN



*“The only Zen you find on the tops of mountains
Is the Zen you bring there.”*

— Robert M. Pirsig

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May this humble offering inspire
The Extraordinary Being
You *already* are...

Many Blessings,
Teryl "T" Johansson

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