



# *FREE SPIRIT* **MESSAGES**

**VOL. 2012: Issue #1** (*January, 2012*)

**Inspirational Offerings *You Requested* from THE SACRED AERIE**

Welcome back to *FREE SPIRIT...*  
An uplifting *Wind Beneath Your Wings* to carry  
you through these challenging times!

**2012 IS UPON US NOW.**  
**WHAT WILL WE MAKE OF IT,**  
**AND WHAT WILL IT MAKE OF US?**

Summoning your...  
**"SPIRITUAL WARRIOR"**

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**Every challenge offers us another opportunity  
to become a True Spiritual Warrior...**

# THE SPIRITUAL WARRIOR

**Teiwaz** is the Rune of the Spiritual Warrior. Always the battle of the Spiritual Warrior is with the self. Funding a will through action, yet unattached to outcomes, remaining mindful that all you can really do is stay out of your own way and let the Will of Heaven flow through you— these are among the hallmarks of the Spiritual Warrior.

**Embodied in this Rune** is the energy of discrimination, the swordlike quality that enables you to cut away the old, the dead, the extraneous. And yet, with the Warrior Rune comes certain knowledge that the universe always has the first move. Patience is the virtue of this Rune, and it recalls the words of St. Augustine that *the reward for patience is patience*.

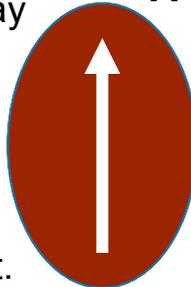
**Here, you are asked** to delve down to the foundations of life itself. Only in so doing can you hope to meet the deepest needs of your nature and tap into your most profound resources. The molding of character is at issue when you draw Teiwaz.

**Associated with this Rune** are the sun, masculine energy, the active principle. The urge for conquest is powerful here, especially self-conquest, which is a lifelong pursuit and calls for awareness, single-mindedness, and the willingness to undergo your passage with compassion and in total trust.

**When this Rune** comes in response to a relationship issue, it indicates that the relationship is both timely and providential. The bond is a real one, there is work for you to do together.

**If the issue concerns** devotion to a cause, an idea, or a path of conduct, the Warrior Rune counsels perseverance, although at times the kind of perseverance called for is patience.

**A Rune of courage** and dedication, in ancient times *Teiwaz* was the glyph that warriors painted on their shields before battle. Now, the same symbol strengthens our resolve to align the [small] self with the [higher] Self.



\*Based on ancient Scandinavian  
“runic” teachings

\*\*Excerpt from The Book of Runes  
by Ralph H. Blum.

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May this humble offering inspire  
The Extraordinary Being  
*You already are...*

Many Blessings,  
Teryl "T" Johansson

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