



FREE SPIRIT

... the Inspirational Newsletter
You Requested from THE SACRED AERIE

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Welcome to the 'maiden flight' of *FREE SPIRIT*,
An uplifting *wind beneath your wings* to carry
you through these challenging times.

Your **FREE** subscription delivers an unexpected treasure to your inbox every 4-6 weeks. What will each new issue bring? It might offer a breathtaking photo, a powerful true story, a quote, a poem, a wisdom teaching from a variety of ancient world traditions, *or... ???* — always something to richly nurture your Higher Mind and Spirit.

Now please scroll down to view...

“TRAVELER’S PRAYER”

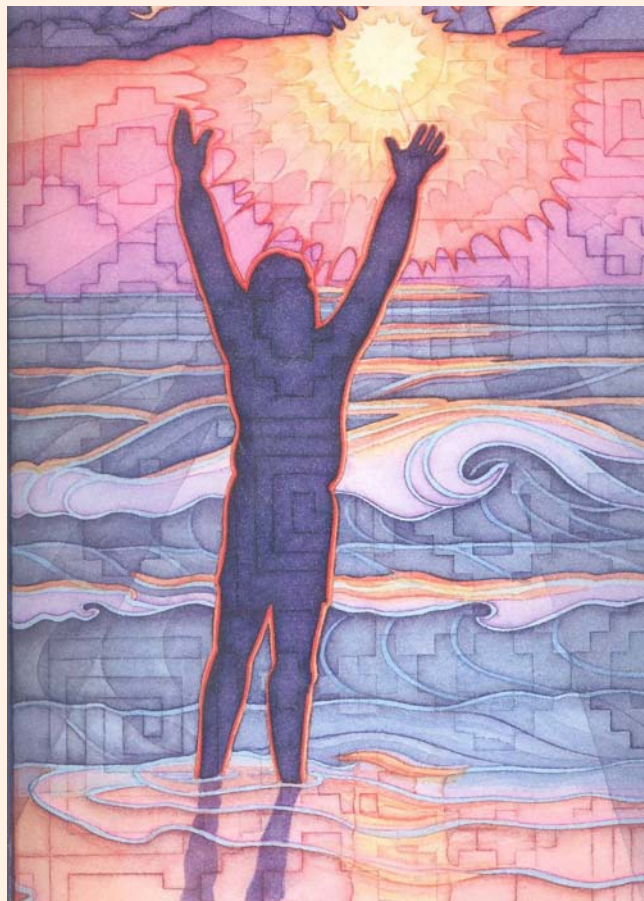
Enjoy!

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“TRAVELER’S PRAYER”

“As you travel this wide world over, a prayer flies with you; a prayer for safety and loving encounters, for beauty and the expansion of your world vision, and for adventures that occur only when your heart is open, allowing you to embrace magic.”

— Sacred Geometry Artist, *Francene Hart*



“So live your life that the fear of death can never enter your heart. Trouble no one about their religion; respect others in their view, and demand that they respect yours. Love your life, perfect your life, beautify all things in your life. Seek to make your life long and its purpose in the service of your people. Prepare a noble death song for the day when you go over the great divide. Always give a word or a sign of salute when meeting or passing a friend, even a stranger, when in a lonely place. Show respect to all people and bow to none.

When you arise in the morning, give thanks for the food and for the joy of living. If you see no reason for giving thanks, the fault lies only in yourself. Abuse no one and nothing, for abuse turns the wise ones to fools and robs the spirit of its vision. When it comes your time to die, be not like those whose hearts are filled with fear of death, so that when their time comes they weep and pray for a little more time to live their lives over again in a different way. Sing your death song and die like a hero going home.”

— Tecumseh, Shawnee Wisdom-keeper

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May this humble offering inspire
The Extraordinary Being
You Already Are...

Many Blessings,
Teryl "T" Johansson

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